



# Rediscovering Life: Awaken to Reality

*Anthony De Mello*

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**Rediscovering Life: Awaken to Reality** Anthony De Mello

**A companion to Anthony De Mello's all-time bestselling work of inspiration, *Awareness*.**

Anthony De Mello was one of the most important spiritual writers of the 20th century. Since his death in 1987, his stature has only increased. His books, including *Song of the Bird*, *Sadhana*, and the international bestselling *Awareness* are considered by many to be some of the most influential spiritual teachings of the last 50 years.

Now, to commemorate the 25th anniversary of his passing, Image Books is proud to present what may very well prove to be the last published work of this beloved spiritual teacher. Based on a lecture given just months before his death, *Rediscovering Life* invites us to unlock the deeper meaning of our lives. By becoming aware of the circuitous and habitual nature of our limiting thoughts, we can find simple solutions that will release us from feelings of isolation, anger, sadness and depression. In short, De Mello offers us a new way to look at the world and God that will transform our lives.

*Rediscovering Life* is a timeless and compassionate book that will awaken you to the beauty of human experience and increase your ability to see God in all things.

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Rediscovering Life: Awaken to Reality can be one of your basic books that are good idea. We all recommend that straight away because this reserve has good vocabulary that can increase your knowledge in language, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to place every word into enjoyment arrangement in writing Rediscovering Life: Awaken to Reality yet doesn't forget the main place, giving the reader the hottest and based confirm resource data that maybe you can be considered one of it. This great information can easily drawn you into completely new stage of crucial thinking.

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