



# Know Yourself: The Individual's Guide to Career Development in Healthcare

*Anita Houghton*

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## **Know Yourself: The Individual's Guide to Career Development in Healthcare** Anita Houghton

Based on the popular courses run by the Centre for Evidence-Based Medicine in Oxford, and written by leading figures working in the field of evidence-based medicine, this workbook provides papers appropriate for the study of geriatric medicine.

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