



# Life Is a Banquet: A Food Lover's Treasury of Recipes, History, Tradition, and Feasts

*Edward Blom*

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**Life Is a Banquet: A Food Lover's Treasury of Recipes, History, Tradition, and Feasts** Edward Blom Swedish television personality and food historian Edward Blom is a cook with a big personality and a big passion. This to his culinary kingdom! Blom's expertise lies in the cultural history of food, and in *Life Is a Banquet* he throws open the archives and invites all to indulge in the excesses of yesteryear's best recipes. These are Blom's favorites, each enlivened with his own personal slant.

Here is everything from the Bavarian Oktoberfest to the oysters of Grand Central Station, the tables of the nineteenth century elite to the precursor of the Smörgåsborg: the brännvinsbord. All made with the motto: elegant and in excess.

Featuring 90 recipes, dazzling photographs, personal anecdotes, and highlights of culinary history, *Life Is a Banquet* is a cookbook like no other. Be amazed, be inspired, and be tempted to make food history!

Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a *New York Times* bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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