



Behavioural and Mental Health Research: A Handbook of Skills and Methods

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Behavioural and Mental Health Research, 2nd Edition is a thoroughly revised, updated, and expanded version of the invaluable guide to research skills for psychologists, psychiatrists, nurses, social workers, and graduates training in those disciplines. It provides a series of practical guidelines for starting and carrying through any research project: from selecting the most appropriate approach, using computers, and analysing data to applying for funding, writing reports, and even how to enjoy your research! This second edition also includes chapters on methods of assessment, studying people in their social settings, and service evaluation and audit methods.

By considering a wide spectrum of different research methods the book gives the reader an insight into the assumptions underlying research. Quantitative methods using group design are described without assuming an advanced level of statistical knowledge. Qualitative, language-based methods and single case studies are explored as possible alternatives.

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