



Aprovecho: A Mexican-American Border Cookbook (Hippocrene Cookbook Library)

Teresa Cordero-Cordell

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This book will entertain and enlighten readers about life along the Border. In addition to more than 250 recipes, Aprovecho includes special sections that relate popular legends such as "La Llorona and the Chupacabra," explain how tequila is made, and provide instructions for making your own festive piñatas. Also included are a glossary of chiles and cooking terms, and a Mexican pantry list so you'll always be prepared for a fiesta!

Aprovecho is a celebration of the food and culture found along the U.S.-Mexico border, a unique blend of two cuisines. This comprehensive book contains traditional border fare including enchiladas, quesadillas, and margaritas, along with more exotic delights, such as Cactus Salad, Lobster and Tequila, and Watermelon Sorbet. The recipes included feature a tantalizing array of ingredients from both sides of the border. Easy-to-follow instructions will have you creating Border delicacies in no time! Complete with b/w photographs.

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