



Glucose Intake and Utilization in Pre-Diabetes and Diabetes: Implications for Cardiovascular Disease

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This important reference, edited by Ronald Ross Watson and Betsy Dokken, collects the research needed to make the distinct connection between pre-diabetes, diabetes, and cardiovascular disease. **Glucose Intake and Utilization in Pre-Diabetes and Diabetes: Implications for Cardiovascular Disease** explains the mechanisms of progression from pre-diabetes to diabetes to cardiovascular disease. Since pre-diabetes and diabetes are important cardiovascular disease risk factors, and impaired glucose metabolism among cardiac patients is extremely prevalent, the importance of reviewing pre-diabetes and its involvement in CVD complications is vital as one applies food and glycemic control to slow progress to diabetes and heart disease. The book further focuses on glucose intake and utilization in diabetes, including coverage of diabetes in the development and pathology of cardiovascular disease, risks and epidemiology of cardiovascular problems promoted by diabetes, macrovascular effects and their safety in therapy of diabetics, beta cell biology and therapy of diabetes, and nutrition to modulate diabetes.

- Offers a complete review of cardiac health problems occurring with significant frequency in patients relative to their ability to regulate glucose
- Presents coverage of the role of glucose utilization, development of pre-diabetes and the ultimate development of various cardiovascular diseases
- Provides thorough dietary, nutrition, complementary and alternative botanical therapies for pre-diabetes and diabetes to halt the progression to cardiovascular disease

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