



Self Discipline: Master Self Discipline: 9 simple and effective steps to develop self discipline, get organized, and make things happen! Develop self discipline ... and master self discipline Book 1)

Sandeep Sharma

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Master Self Discipline with 9-step formula and harness your greatness!

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A Proven 9-Step formula To Teach You How To Develop Self Discipline, Get Organized and Make Things Happen. Take Control Of Your Life And Achieve Everything You've Ever Dreamed of by mastering self discipline!

Bonus eBook: 101 TIPS FOR AVOIDING PROCRASTINATION

Why do we need to master self discipline? Or why is **self discipline so important in life?** These are the questions I asked myself when I was in college. I did my research and found that **every successful person on this planet is master of self discipline.** They know exactly what they need to do and when. It's very simple- when you are **self disciplined then you are conscious. You are focused,** and spend your time and energy on activities which you must do. That results in success which **boosts your confidence, build willpower and harness your greatness**

So, I challenge you to challenge yourself, master self discipline and harness your greatness TODAY!

Here is a preview of what you'll learn in this book:

- What is self discipline and why is it so important in our life?
- How to identify behaviors in need of change to master self discipline?
- How to create and stick to your self discipline plan?
- How to develop a routine which will transform your life?
- How to first gain and then master your self discipline and consequently willpower?
- Why is self discipline the only key to success in life?
- 30-Day challenge

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Stacy Brooks:

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