



# Das NAET-Programm: Allergien endlich erfolgreich behandeln (German Edition)

*Andrea Schröpel*

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**Das NAET-Programm: Allergien endlich erfolgreich behandeln (German Edition)** Andrea Schröpel  
Das Anti-Allergie-Programm, das wirklich hilft!

NAET ist ein neuer Weg, Allergien mit ihren unangenehme Begleiterscheinungen loszuwerden. Die Abkürzung steht für Nambudripad's Allergie-Eliminierungs-Technik, die Verfahren aus der Traditionellen Chinesischen Medizin, Akupunktur, Chiropraktik, Kinesiologie und der Schulmedizin kombiniert. Der Name der Therapie geht auf die Inderin Dr. Devi Nambudripad zurück, die schon als Kind unter massiven Allergien und Unverträglichkeiten litt und jahrelang nach einer Methode suchte, um erlöst zu werden. In den 80er-Jahren entstand schließlich NAET, mit dieser Technik erzielte Dr. Nambudripad große Heilungserfolge.

So funktioniert's: Bringt man den Körper während einer Akupressurbehandlung mit einem allergieauslösenden Stoff in Verbindung, wird der Körper mit diesem wieder in Balance gebracht. Ziel ist es, über das Nervensystem das Gehirn und damit auch die Abwehrkräfte so umzuprogrammieren, dass sie nicht mehr überreagieren. Das Buch erklärt, wie mit Hilfe dieser sehr erfolgreichen Methode die Auslöser von Allergien und damit verbundene Krankheiten aufgespürt und schonend beseitigt werden können.

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