



Nika Hazelton's Way with Vegetables: The Unabridged Vegetable Cookbook

Nika Hazelton

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Nika Hazelton's Way With Vegetables is really two books in one: an encyclopedic guide to fresh vegetables available in the United States—including tips on shopping and storing, and nutritional values; and a collection of more than 250 delectable recipes—including appetizers, elegant and hearty soups, classic accompaniments and salads, and substantial main dishes. Nika Hazelton shares the full range of her expert knowledge and personal preference taking in virtually every aspect of vegetable cookery. 'Straightforward, personal, and unpretentious:' those are the words M.F.K. Fisher used to describe Nika Hazelton's brand of cooking, and those qualities are well displayed through this wonderful collection of recipes.

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