



Self and Social Change

Matthew Adams

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'This is a superb book; beautifully written, lucid, and engaging, with illuminating critical discussions of the concept of reflexivity, psychoanalytic perspectives, and Foucaultian analysis, locating these theories in up-to-date research and discussions about class and gender. This book will be indispensable as an aid to students looking for an introduction to concepts of the self set in contemporary everyday contexts that they can relate to. But it will also be useful to teachers and researchers looking for orientation in a complex and burgeoning field of literature and research' - Ian Burkitt, University of Bradford. 'Matthew Adams provides a clearly written and concise summary of key theoretical accounts of the meaning of social change for psychic life and the experience of self.. Self and Social Change is a terrific book. If looking for an accessible introductory text, look no further' - British Journal of Sociology. How does social change influence selfhood? What are the fundamental positions in social theories of the self? How are social changes interwoven with our ability to choose our identities and lifestyles? This accessible and assured book gives readers a new take on the fundamental question of the relation between the individual and society. By offering a thorough, informed and critical guide to the field, Adams demonstrates how global economic and employment structures, neo-liberal discourse, the role of emotion, irrationality and ambiguity are factors that impact upon the shape and resilience of the self. Anyone interested in the question of identity and its relation to cultural, social, economic and political contexts will find this book a God-send, making it ideal for students and lecturers in cultural studies, sociology, social psychology and communications.

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