



# Therapeutic Work with Sexually Abused Children

*Randall Easton Wickham, Janet West*

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'This book is a practical and supportive guide for the professionals facing this traumatic subject. [It] is easily readable' - *Journal of Child and Adolescent Mental Health*

'**Therapeutic Work With Sexually Abused Children** locates the practice experience of the authors within a rigorous theoretical framework and is a readable and useable guide to the complexities of helping children and adolescents who have suffered the trauma of sexual abuse' - *Youth & Policy*

'It is refreshing to find child therapists ready to engage with sexually abused children by incorporating trauma theory and research, addressing child protection and seeing themselves as part of a team that includes the carers. The authors provide an overview of phases of treatment, theoretical considerations and essential skills. They emphasize the importance of relationship and explore its impact on the therapist. Their approach is creative and child-centered. Case vignettes, poems and exercises promote empathy with the child's perspective. There is a useful chapter on cultural issues and the needs of children in alternative care... this is an excellent primer for the child's helping network' - *Community Care*

'This is an excellent book for workers seeking to respond more effectively to child victims of abuse' - *David Pearson, Caring Magazine*

Therapeutic Work with Sexually Abused Children is a creative and practical guide for professionals working directly with those who have suffered sexual abuse and for their carers. The trauma of sexual abuse experienced in childhood can be severe and enduring. Therapeutic support is offered to help both the child and the family cope with psychological or emotional difficulties both currently and in later life.

Therapists must be able to respond effectively to the child victim in a sensitive and timely way which prioritizes the needs of each child. Drawing on their experience as practitioners, the authors explore the reactions which children commonly experience following abuse and examine the tasks of the therapist in responding to them.

This book explores the counselling of children who have been abused rather than adult survivors of child abuse.

The book will benefit from the combined experiences of one US author and one UK author.

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