



El guerrero espiritual: El arte de vivir con espiritualidad (Spanish Edition)

John-Roger

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In describing how to become a spiritual warrior—someone who counters negative habits and destructive relationships by changing patterns and living in conscious alignment with the soul—this essential handbook teaches how to battle the distractions and anxieties of modern life; how to master relationships, fear, and addictions; and how to create abundance and love through intention, impeccability, and ruthlessness. A practical journal of spiritual convergence for the spiritual warrior is also included.

Describiendo como convertirse en un guerrero espiritual—alguien que contrarresta hábitos negativos y relaciones destructivas a través de cambiar patrones y viviendo en alineación consciente con el alma-esta guía esencial enseña como luchar contra las distracciones y ansiedades de la vida moderna; como dominar relaciones, temores y adicciones; y como crear abundancia y amor con intención, impecabilidad e inquebrantable determinación. También se incluye un diario práctico de convergencia espiritual para el guerrero espiritual.



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