



Working with Parents of Young People: Research, Policy and Practice

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This book provides practical guidance for a wide range of professionals working with parents and families, answering common questions such as 'How can parents facilitate their child's transition to secondary school?' and 'How can families best communicate about alcohol?'

Drawing on the findings from years of applied research projects carried out by the Trust for the Study of Adolescence, each chapter focuses on a particular area of parenting young people - from monitoring and supervision to support for foster families - and each highlights the implications of research results for policy and practice. This book presents a range of approaches to working with parents and families, and discusses the effectiveness of techniques such as parent mentoring and involving young people in parenting programmes.

Working with Parents of Young People provides a strong set of evidence-based guidelines for best practice and will be a key resource for all those working to support the parents of teenagers.

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