



# Celebration Games: Physical Activities for Every Month

*Barb Wnek*

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Make every day a cause for celebration with *Celebration Games*! This book provides a calendar year's worth of fun games and activities—all designed to get 5- to 12-year-olds excited about physical activity. Included are 68 physical fitness activities, skills, games, and rhythm and dance activities, each based on a specific holiday or seasonal theme.

Whether it's Valentine's Day, St. Patrick's Day, Cinco de Mayo, or Kwanzaa, every occasion offers a new opportunity to build a child's knowledge of health and wellness. Innovative yet easy to implement, the activities use common equipment and supplies and may be adapted easily to various grade or skill levels. In addition to teaching kids important health concepts, you'll also uncover opportunities to tie in lessons on history and diversity. Ideas for family events are also included to get everyone involved.

For more than 25 years, author Barb Wnek has strived to foster healthy attitudes in children. Now, she brings you the same creative ideas that won her acclaim as one of Dole's Creative 5 A Day Teachers of the Year. Based on decades of testing in summer camps and public schools, *Celebration Games* makes teaching fun for both you and your kids by turning every activity into a special event.

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### **From reader reviews:**

#### **Ana Jara:**

A lot of people always spent their particular free time to vacation or perhaps go to the outside with them family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that's look different you can read any book. It is really fun for yourself. If you enjoy the book that you just read you can spent the whole day to reading a publication. The book Celebration Games: Physical Activities for Every Month it doesn't matter what good to read. There are a lot of those who recommended this book. These were enjoying reading this book. Should you did not have enough space to bring this book you can buy typically the e-book. You can m0ore easily to read this book through your smart phone. The price is not too costly but this book has high quality.

#### **Anne Hernandez:**

Are you kind of busy person, only have 10 or perhaps 15 minute in your day to upgrading your mind skill or thinking skill even analytical thinking? Then you are experiencing problem with the book compared to can satisfy your short space of time to read it because pretty much everything time you only find reserve that need more time to be study. Celebration Games: Physical Activities for Every Month can be your answer because it can be read by you actually who have those short time problems.

#### **Jodi Harper:**

Reading a book to get new life style in this calendar year; every people loves to go through a book. When you read a book you can get a great deal of benefit. When you read guides, you can improve your knowledge, since book has a lot of information upon it. The information that you will get depend on what sorts of book that you have read. If you want to get information about your research, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this sort of us novel, comics, and soon. The Celebration Games: Physical Activities for Every Month provide you with a new experience in reading a book.

#### **John Montes:**

Many people spending their time frame by playing outside along with friends, fun activity with family or just watching TV all day every day. You can have new activity to spend your whole day by reading a book. Ugh, do you think reading a book really can hard because you have to accept the book everywhere? It alright you can have the e-book, taking everywhere you want in your Smartphone. Like Celebration Games: Physical Activities for Every Month which is getting the e-book version. So , why not try out this book? Let's find.

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