



Coping and Self-Concept in Adolescence

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Self-concept and coping behaviour are important aspects of development in adolescence. Despite their developmental significance, however, the two areas have rarely been considered in relation to each other. This book is the first in which the two areas are brought together; it suggests that this interaction can open the way to new possibilities for further research and to new implications for applied work with adolescents. Two separate chapters review research carried out in each of the areas. These are followed by a series of more empirically focussed chapters in which issues such as changes in relationship patterns, difficult school situations, leaving school, use of leisure, anxiety and suicidal behaviour are examined in the context of self-concept and coping. The final chapter seeks to identify some of the central themes emerging from this work and discusses possible research and applied implications.

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