



Oasis: A Spa for Body and Soul

Eva Marie Everson

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FRONT COVER

"Throw on your bathrobe, put your feet up, and let Oasis zap the weariness from your journey."--Bonnie Keen, author, recording artist, and speaker

BACK COVER

Guilt-free pampering for body and soul

A warm relaxing bubble bath. Exquisitely scented candles. Your favorite music. Big soft fluffy towels. Creamy moisturizers. What are you waiting for?

It's so easy to let the busyness of life distract you from taking good care of yourself. Your body and your soul need daily care. Oasis will help you restore order, beauty, and vitality with fresh ideas that regenerate and replenish your outward appearance as well as your inner being. It goes beyond beauty tips to help you nourish your spirit. God designed you to be beautiful, and Oasis will help you understand and enhance that God-given beauty--inside and out.

"Eva Marie Everson conveys a refreshing perspective: When women take care of their bodies (health, beauty, fashion, etc.), they are also taking care of their souls."--Karen O'Connor, author, *The Beauty of Aging*

"Eva Marie is honest, funny, and practical and has an unusual ability to see right into the hearts and minds of women. Her insights have liberated me to embrace my personal and spiritual beauty."--Jennifer Rothschild, author, *Lessons I Learned in the Dark and Lessons I Learned in the Light*

"Many thanks to Eva Marie Everson for offering both practical and inspirational tips on balancing body and soul. This is a difficult dance for all women, and I know Oasis will be an encouragement for the journey."--Lucinda Secrest McDowell, author, *Spa for the Soul*

"At last--a sensible look at merging the body beautiful with the body spiritual! Eva Marie's ability to focus on true inner beauty while encouraging healthy (and fun!) attention on pampering our femininity is completely refreshing."--Allison Bottke, author, *A Stitch in Time*; founder, *God Allows U-Turns*

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Douglas Barney:

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Bernard Davisson:

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