



O Azul Mediterrâneo (Portuguese Edition)

Evelyn Cademartori

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O que é viver? Passarmos de maneira metódica e sistemática cumprindo cada uma das expectativas que a sociedade nos impõe: infância, adolescência, juventude, maturidade e, por que não dizer, a própria idade dos idosos, antes chamada vulgarmente de velhice. Todas as idades e fases de uma vida que, se não tomarmos muito cuidado, se torna previsível e cansativa chata e até amarga, pois não há nada pior que a rotina, a rotina do cotidiano. Essa, sim, responsável por males terríveis: monotonia, previsibilidade, constância, estresse e depressão. Precisamos então, a cada momento, nos descobrir, na verdade nos reinventar. Para isso, é necessário e determinante que estejamos atentos, antenados, e, de maneira irrequieta e reveladora, temos que recorrer a tudo. Tudo que nos impulse, nos estimule, nos revele fatos e sensações retidas ou mesmo esquecidas dentro de nós. E vale qualquer coisa, um novo romance, um beijo carinhoso, a disponibilidade de simplesmente ajudar a quem precisa, viver a nossa vida presente para alcançar uma vida melhor no futuro, mas sem se esquecer das lições aprendidas no passado. Afinal, a história de nossas vidas serve para nos orientar para o futuro. É nesse imenso turbilhão de emoções chamado vida que convidamos cada um dos leitores a voltar no tempo, reviver vidas passadas, amores "calientes", lugares inusitados, sonhos sonhados e, por que não dizer, sonhos realizados. A realização de alguma coisa – para a qual se esperou a vida inteira –, qualquer coisa, da mais complexa à mais simples, requer astúcia, persistência e muitíssima determinação. A autora de O Azul Mediterrâneo, Evelyn Cademartori, nos traz sua visão romântica e até de outras vidas, de sua visita a uma das regiões mais lindas do planeta – a Toscana. Num verdadeiro déjà-vu, Evelyn Viegas Cademartori transporta-se e vive intensamente os limites entre passado, presente e futuro, projetando sempre com o olhar de coaching, mesclando os sentimentos mais puros de simples viajante da classe turística e entusiasta de vida eterna. Toda essa experiência maravilhosa de vida e sonhos completos e incompletos o convida, caro leitor, a se deliciar numa leitura leve e penetrante, que vai tirá-lo da rotina e mexer com cada uma das suas sensações. Esperamos vocês, para experimentarmos e nos deliciarmos juntos nesse lindo e único momento de vida, agora consolidado em suas frases e páginas de pura emoção.

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