



Sleep Medicine in Neurology (NIP- Neurology in Practice)

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Recognize, understand, and manage sleep dysfunction in your patients

Sleep disorders can cause neurological problems. Neurological problems can cause sleep disorders. Whatever the cause or effect, neurologists need to be well versed in sleep medicine. This enables effective discussion of sleep problems and improved patient outcomes and satisfaction.

Sleep Medicine in Neurology introduces the practicing neurologist to sleep medicine, from examination of the patient to treatment of many sleep disorders. With a focused, practical approach throughout, the expert author team covers:

- History, examination and sleep testing of the patient
- Insomnia
- Excessive daytime sleepiness
- Narcolepsy
- Obstructive and central sleep apnea
- Movement disorders in sleep
- Parasomnias
- Sleep disorders in children

Clinical in approach, practical in execution, *Sleep Medicine in Neurology* helps you diagnose and treat your sleep-disordered patients more effectively.

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