



Stomping Out Fear: Finding Courage in Christ

Neil T. Anderson, Dave Park, Rich Miller

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A great new youth version of the popular *Freedom from Fear* that tackles the challenges confronting teens in today's culture—with a powerful foreword by Josh McDowell.

Many teens drag through their lives weighed down by fear, worried about being unlovable, and walled off by a sense of isolation.

Stomping Out Fear provides solid, biblical tools to help teens stand against the emotions and spiritual forces that try to pull them down. Readers will—

- learn how fear-filled strongholds develop
- discover how to use the truth to combat anxious thoughts and win over fear
- find out how Jesus Christ is their sanctuary from all fears

Ideal for youth groups, Bible studies, teen mentoring relationships, club studies, and individual reading.

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