

# Family Treatment of Personality Disorders: Advances in Clinical Practice (Haworth Marriage and Family Therapy)



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Help families cope with the impact of personality dysfunction!

Family Treatment of Personality Disorders: Advances in Clinical Practice examines the application of marital and family therapy approaches to the treatment of a wide range of personality disorders. Valuable on its own and doubly useful as a companion volume to *Family Therapy and Mental Health: Innovations in Theory and Practice* (Haworth), the book integrates traditional individual models with family systems models to provide a multidimensional approach to treating personality disorders. Each chapter is written by a family therapist with extensive experience treating personality disorders and includes a case example, an exploration of the impact of the disorder on family members, a look at cultural and gender issues, and an examination of how the model is integrated with traditional psychiatric services and the proper application of medication.

Family Treatment of Personality Disorders is a single, accessible source for significant contributions to the emerging literature on family treatment approaches that, until now, have been scattered through journals representing a variety of disciplines. The book's strong clinical focus provides a concise summary of relevant theory and interventions for effective treatment, including discussion of how to manage crises and acting out behavior. Edited by a practicing frontline clinician, the book provides an overview of the personality disorders field, examines the Structural Analysis of Social Behavior model and the Interpersonal Reconstructive Therapy approach, and presents detailed descriptions of key concepts and treatment approaches.

Family Treatment of Personality Disorders focuses on specific DSM-IV personality disorders, including:

- borderline
- narcissistic
- histrionic
- obsessive-compulsive
- passive-aggressive
- avoidant
- dependent
- paranoid

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